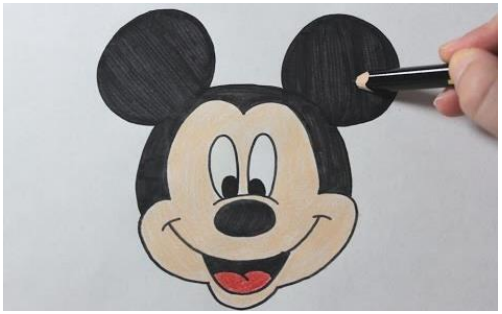
EYFS Perfect PSHE Activities

This is me!

Can you have a go and draw yourself!



What makes you special!

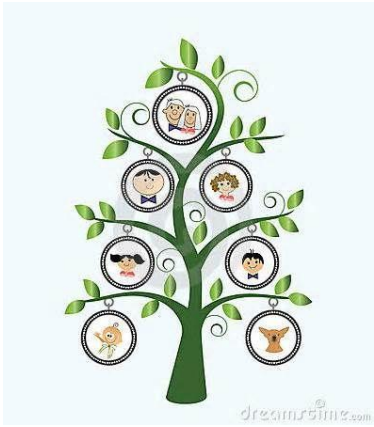
Draw around your hand and write in the middle what makes you special!

Mental health is important!

Relax and watch a silly video! Can you try and not laugh?

Relax!

Ask your adult at home to organise some snacks or a special tea and watch a movie that you haven't seen before.

Family means everything!

Have a go at drawing your family tree?