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Essential Steps TO CREATE A GROWTH MINDSET CORNER

at home or in the classroom

by Big Life Journal

A **Growth Mindset Corner** is a place at home or in the classroom where kids can learn about the incredible power of their brain, problem solve, reflect on their mistakes, brainstorm ideas, work on projects, and dream big!

1 PICK A SPACE

- Find a space that is inviting and has enough room for your child to explore, stretch out, build, and create. It could be an actual corner, a desk area, or a small section of a room.
- Add a comfortable place to sit using pillows, blankets, or yoga mats.



2 DECORATE

- Choose a style or theme.
- Grab markers and paper and ask kids to sketch out what they want the corner to look like.
- Encourage kids to create a vision board to be inspired and dream big.
- Hang up or frame drawings, photos of friends and family, and quotes (use the Inspirational Quotes Bundle by Big Life Journal).



3 INCLUDE MUSIC + PODCASTS

- Bring a device to play uplifting or calming music (find Big Life Journal playlists on Spotify).
- Print out the Top 35 Growth Mindset Podcasts (available in the Growth Mindset Printables Kit). Have the kids check off the podcasts they want to listen to.
- Invite kids to listen to the music or podcasts while coloring or building something.



4 SELECT GROWTH MINDSET BOOKS

- Gather a variety of books that teach about persistence, not giving up, following your dreams, and other important growth mindset topics.
- Grab the Top 85 Growth Mindset Book List available in the Growth Mindset Printables Kit.



5 CREATE AN ACTIVITY BASKET

- Create an activity basket that kids can reach for when they are hanging out in their growth mindset corner.
- Fill the basket with items like modeling clay, blocks, recyclable materials to make inventions, art supplies, and the Growth Mindset Activity Kit.

