The life skill focus this half term is MANAGING PHYSICAL HEALTH.

Can you try these activities at home?

You could take a photograph, draw a picture or produce a piece of writing to show us what you've done and bring your evidence into school.

Look for the gold stars in the grid below to see how many you can achieve.

Your year group focus question is worth a gold star 10hps and a move to Gold!

I can hop for 10 seconds.		Reception	I can jump on a small trampoline.	
I can play musical statues.	I can use glue to stick down shapes.	Can I pick up my rubbish and put it in the bin? + 10hps Gold Zone	I can help make a healthy snack.	I can zip up my coat.
How many stars can you achieve by thinking of <u>your own</u> MANAGING PHYSICAL HEALTH activities? Don't forget to email them to your class or bring a paper copy into school.				

Aspire to be our half-termly Life Skill Champion by achieving the most gold stars and win a star badge!