



# Autumn 1 Science Quest



Are you ready to challenge yourself with a Science Quest?

Earn 10 housepoints for your house by completing a challenge and sharing it in school.

## Nursery



### Help Teddy brush his teeth?

Teddy does not know how to brush his teeth. Can you help him?

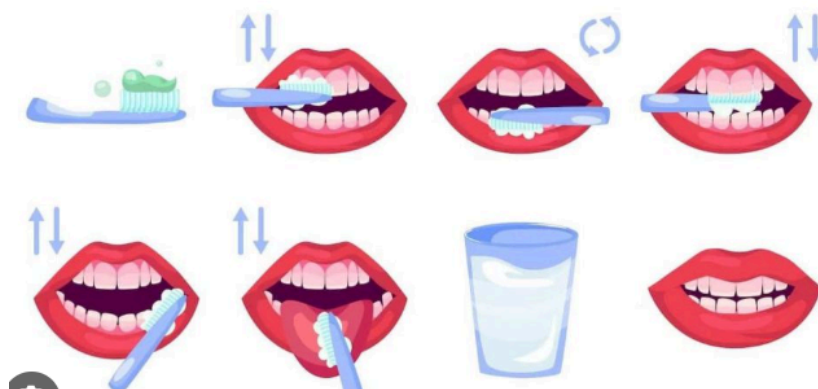
#### What you need

- Teddy with a mouth that opens
- toothbrush
- toothpaste
- access to water
- cup

### What to do

1. Put a small amount of toothpaste on a toothbrush.
2. Move the brush up and down your top teeth.
3. Move the brush in a circular movement.
4. Move the brush up and down your bottom teeth
5. Brush the sides of your teeth.
6. Brush your tongue.
7. Swill your mouth with water and then spit it out.
8. Take a photo of Teddy brushing his teeth.

### HOW TO BRUSH YOUR TEETH



### Ask your child these questions.

How many times a day should teddies clean their teeth?

How can we make sure they keep brushing for two whole minutes?