

Construct

Look at Viking shield designs and make your own shield from materials at home.



Gardening

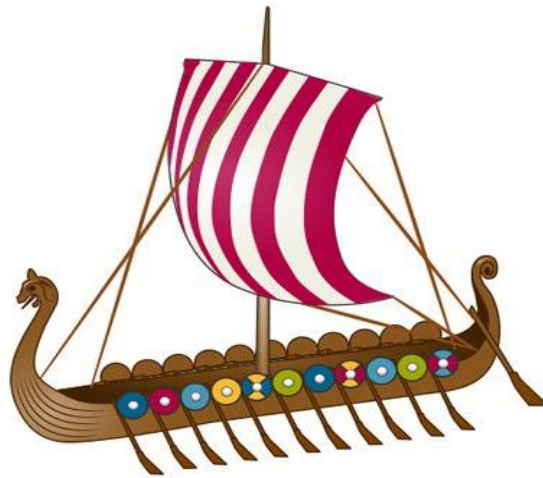
Plant and grow some Viking vegetables: carrots, cabbage, onions, leeks, turnips, peas, and beans.

Explore

The Vikings were the merchants of the sea, trading across the globe. Where did they trade? What did they trade?



Years 4 & 5 Viking Invaders



Investigate

Research which places in Britain have Norse or Viking names.



Compose

Use Vikings runes to write some code-cracking messages. Can you write your name in Viking runes?



Perform

Learn and have fun singing these Viking songs:

<https://www.bbc.co.uk/teach/school-radio/articles/z72w8xs>



Cook

With an adult, cook a traditional Viking dish:

- honey, oat and spice cakes
- salted caramel apples
- barley porridge
- honey-glazed vegetables
- berry soup
- Viking flatbread



Be Inspired



The Vikings were skilled storytellers and poets. Research the legend of Beowulf and Grendel and retell the story to your family.

Can you think of your own activity, linked to this topic?